



QUICK FACTS ABOUT PERSONAL CARE HOMES

Long-Term Care Program

CARE

- * Personal Care Homes (PCH) are privately owned facilities, licensed by the Regional Health Authority to provide care to adults aged 55 years and older who need assistance with activities of daily living. Individuals admitted to personal care homes do not require on-site health or nursing services but may require the services of a visiting professional.
- * Each resident in a PCH is assigned a case manager either a Community Health Nurse or Social Worker who works in the PCH Program. An annual reassessment is completed by the case manager to determine if there is a change in their care needs and if placement to a Nursing Home is required.
- * Residents assessed as requiring Nursing Home placement must develop a discharge plan with their case manager. They must accept the first available bed offered through placement services and may request a transfer to a Nursing Home of their choice once they have moved.
- * PCH are monitored by the Regional Health Authority and Service NL. Quarterly monitoring is completed by a Community Health Nurse and Social Worker who work with Eastern Health in the PCH Program. An annual review is conducted each year prior to re-licensing of a PCH by the Community Health Nurse, Social Worker, Registered Dietitian, Financial Assessment Officer who work with the Regional Health Authority as well as Fire and Life Safety Inspector and Environmental Health Officer who work with Service NL.
- * A Registered Dietitian visits a PCH at least twice per year and annually assesses a two week menu to ensure national nutrition standards are met. Accommodation of special diets for residents is required.
- * Nursing services (ie. injections, wound care, dressings, etc.) are provided to residents by the district Community Health Nurse upon referral to this service.

STAFFING

- * Staffing guidelines allow for a minimum of 1.5 hours of care and supervision per day for residents requiring level one and two care needs and 3 hours of care and supervision with an additional 0.5 hours for administrative duties for residents requiring enhanced care.
- * Staff hired to work in a PCH are required to have a First Aid Certificate only. Some PCHs may employ trained staff, such as Personal Care Attendants, however it is not a requirement.

EQUIPMENT

- * PCH Operators are not required to provide specialized equipment for residents with the exception of mobility aids such as grab bars, raised toilet seats, bath chairs, etc. for residents requiring enhanced care.
- * Mobility items that are a benefit under the Provincial Special Assistance Program (Equipment) may be provided when prescribed by an appropriate health care provider for residents who meet financial eligibility.